

PHYSICAL, MENTAL AND EMOTIONAL GROWTH FOR YOUR PUPILS

Multisports' coaching aims to stretch and challenge children both physically and mentally, while enabling them to experience success.

Not only does this help them channel their energy positively, it also contributes to their mental health, boosts their confidence and raises their self-esteem. Inclusiveness is a priority for us, so we ensure children of all abilities can participate in our activities.

We help pupils to develop self-discipline through striving to improve their skills. They learn to value every step they take towards mastering a skill and are encouraged to take their learning back to their classroom, thus increasing their motivation to succeed in other spheres.

Our team-building strategies support the development of the children's social skills and enables them to participate more successfully in group work in the classroom.



EXPERT, PASSIONATE COACHES

Multisports' qualified and energetic coaches and teachers all excel in the sports they chose to teach. They are also skilled at using physical activities to address difficult challenges many children face, such as behavioural problems, learning disabilities or low self-esteem. They are DBS checked and certified in their chosen activities.

Why not let our specialists lead on physical activities and leave their class teachers to do what they are best at?



IN SCHOOL, AFTER SCHOOL AND RESIDENTIAL TRIPS

We are flexible and would be happy to fit in with your school's timetable and educational objectives. We can provide extra-curricular activities and design programmes to suit your school's needs. Our offer includes:

- In school coaching
- After school clubs
- Residential trips or school camps

www.multisportsforschools.co.uk



FUN, FITNESS AND SUCCESS FOR YOUR PUPILS

To discuss what we can do for your school, call us on 0330 046 2346, email us at info@multisportsforschools.co.uk, or visit us online.